



# SNOWY HORIZON TREKS & EXPEDITION PVT. LTD.

Seven Corner, Thamel, Kathmandu, Nepal

## Everest Expedition (8848m)-South Face-Nepal



### Overview:

***“Follow us to the top of the world through Snowy Horizon Expedition which is delighted to offer the lifetime adventure with world-class service from Everest Base Camp (EBC) to all the high camps of Mt. Everest (8848m) from its South Face from Southeast Ridge in Nepal.”***

We take care of you right from the arrival in Kathmandu. The price includes Hotel accommodation, the flight to Lukla in the Khumbu region, the trek to Base camp via Namche and tea house full board service during the trek before arriving to base camp; and of course the services at base camp and at the high camps. Let us take care of all the details – you can fully focus on your climb.

The climbing Guides of our company are highly qualified, skilled, regularly reviewed and re-trained and recognized for their training and experience throughout the profession. We only take the most experienced guides and staff on this expedition. This is a serious climb and mistakes can have serious consequences. This is why we focus extensively on safety and accident prevention for both clients and guides on our Everest expedition. No expedition is without risk and certainly not one to the highest Mountain of the world. However, we implement rigorous safety standards to minimize the risk. We'd also like to highlight that our guides and staff are all employed under ethical standards.

The exploration of Mount Everest has a long and varied history – from the first recognition of the peak, to the attempts of Mallory, Irvine, Norton & co and eventually the successful attempt of the British and the impressive solo ascent of Reinhold Messene.

The Sagarmatha (forehead of the sky) in Nepali is known as Mt. Everest throughout the world. With an altitude of 8848m, it is the highest peak on earth. The South face is recognized to lie in Nepal where as the North face is in China's autonomous state Tibet. This world's highest peak was first officially measured in 1856 during the Great Trigonometric Survey of British India government and then known as Peak XV certified with the height of 8840m. With a simple technology and the distance from the mountain, the height was determined with really phenomenal accuracy - only 8m off from the current value of 8848m.

The name of British Surveyor in 1856 was Sir George Everest- the General of British India during the survey period and a somewhat infamous character. Tibet and Nepal were closed to foreigners at the time, so it is reasonable to assume that local names of the mountain were unknown. The name of the highest peak was chosen in his honor, although not without controversy even at the time. The first climbing attempts were not possible until the 1920's and they ended ultimately in disaster. Success came only in 1953 from the South side on the very same route you'll be taking for this expedition.

Retrace these historic achievements and write your own history by making an attempt to reach the top of the world. With us as your support crew, everything is possible.

### Approaches to ABC (Advanced Base Camp) from South (Nepal):

The approach on its south side is through the Khumbu region of Nepal leading up to the Khumbu Glacier extending down to Lobuche (4940m). It starts with the flight to Lukla and the trek from Lukla to Everest South Base Camp (5364m) via Namche Bazaar (3440m)-Tengboche (3860m)-Pheriche (4371m)-Lobuche (4940m)-Gorak Shep (5164m). It takes typically 8 days to reach ABC from Kathmandu.





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## Climbing Routes South Side:

- South route is technically a trekking route with a little objective danger once past the Khumbu icefall apart of few crevasses and Seracs bridged by ladders, couple short ice cliffs around camp 3 and rock sections protected with fixed lines. There is an obvious danger of high altitude sickness complications and changeable, unpredictable mountain weather.
- The Khumbu Icefall is a steep glacier with obvious implication of large crevasses and treacherous unstable Seracs making navigation complicated and riddled with high objective danger of falling ice. This is the most dangerous part of the climb. At the beginning of the climbing period, climbing Sherpa set the route through the icefall installing ladders across crevasses and along vertical Seracs ice walls for efficient and easy climbing. These arrangements make climb of the Khumbu icefall possible, efficient and relatively safe, especially early morning before the sunrise, when the ice structure is well frozen. Khumbu icefall is very dangerous in the afternoon due to its western aspect.
- Camp 1 (6000m) is located on the top of Khumbu icefall; it is a desolate and exposed place mainly used as rest and transition location on the way to camp 2 (6400m). The glacier between camp 1 and 2 flattens but there are still large crevasses close to camp 1, which are also fixed with ladders.
- Camp 2 is located in a lateral moraine at the bottom of west ridge. It is a very safe and sheltered location with tremendous views on Lhotse. All companies set-up their main climbing camp for the duration of climbing period with tents for individual climbers, the kitchen and dining tents. Camp 2 is main acclimatization camp and the base for camp 3-acclimatization climb and the final summit attempt.
- Camp 3 (7200m) is located on small ledge on the Lhotse wall. One has to cross the glacier to the right side before 40 deg. 600m climb on the compact snowfield. The route is safe with couple of short less than 3m ice cliffs, which climbing Sherpa's set up with fixed ropes.
- Camp 4 (7950m) located at South Col is the last camp; it is easily accessible by majority of climbers without supplementary oxygen. There are two rock sections to navigate before camp 4: Yellow Bands interlayer marble, Phyllis and semi schist fixed ropes.
- This is when the climb starts, the last section of the southwest ridge. It is steep mostly on the snow with some rock section at the Balconies, nice resting platform. The entire route is setup with fixed ropes, which is crucial for safety of all climbers, who are all affected by altitude with low energy and impaired judgments due to oxygen deprivation in the brain and muscle tissue.
- From the south summit there is knife edge southeast ridge with dangerous overhanging cornices; the most exposed section of the climb between 3050m Kangshung face and southwest face and Hillary step at the end, a series of imposing rock steps often bypassed on deep the snow, a serious avalanche danger



## Our Everest Climbing Services:

- The Mount Everest is the highest peak of the World 29028ft (8848m) through which the climbing toppers feel themselves as the most proud and adventurous person of the World. Sir Edmund Hillary and Late Tenzing Norgay Sherpa first climbed this peak in May 29, 1953, after their long time effort.
- Everest Base camp is situated on the north of Khumbu glacier at high of 18000ft. All the international Mt. Everest climbers assemble here during the starting and at the ending time of their climbing. Normally the climbing duration of this expedition lasts for 90 days. All the climbers who mass there at the base camp seem really busy with excitement for the preparation of their expedition to reach on the summit.





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- North Face Tents Some climbers climb this mountain on their own risk without any climbing Sherpa guide; and some climbers go with their own climbing Sherpa guide. Most of the teams carry out their own Internet, Satellite phone, Medical Doctor and rest of the modern requirement.
- After the Base camp, we have to cross crevasses, Seracs and ice block. Similarly we should face to the way up having Chunks of ice as large as our houses where we should used fixed ropes and aluminum ladders to climb ahead camp 1st 6400m.



## Camp 1: 20000ft (6,400m)

This camp 1 is situated at the flat area of endless snow deep crevasses and mountain walls. Because of the Sun's reflection from this place we get warm and heating ambience at this place. In the night we listen the deep murmuring cracking sounds of crevasses beneath our tent. These are the areas where we have to walk to reach camp 2.



## Camp 2. 21000ft (6,750m)

This camp 2 is situated at the height of the 21000ft, which is located at the foot of the icy mount Lhotse wall though where we have to go ahead. Weather is here is good but bad clouds roll in from the low range of the Himalayan valleys to the bottom of our camp two. But wind here sometimes seems very violent enough to destroy our tents. After climbing these palaces we reach camp 3.

## Camp 3. 22300ft. (7,100m)

Camp 3 is located at the height of 22300ft, adjoining to mount Lhotse wall. After climbing the 4000ft. Lhotse wall by using fixed rope and with prior acclimatization it leads us to camp 4. Also on the way we have to ascend the steep allow bands (lose, down -sloping and rotten limestone). From their crossing short snowfield the route moves ahead up the Geneva Spur to the east before finishing the flats of the south col. (Another wells name meaning Saddle of pass). Oxygen should probably be use above base camp 3 in case of needed to the climbers.



## Camp 4. 26000ft (8,400m)

Now we are on camp 4 which located at the height of 26000ft, it is the last camp of the Expedition. From here summit is about 500m, distance far. This is the final and dangerous part of the climbing. This place is besieged by ferocious and violent winds. The normal best way to reach the summit is via the narrow South -East Ridge and it precedes the South Summits 28710ft. From here the way is easy to reach at the summit of the Everest 29028ft, and late Sir Edmund Hillary and l Tenzing Norgay Sherpa used this route in 1953.



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### Day-to Day Itinerary:

- Day 01:** Arrival in Kathmandu and transfer to hotel (1350m).
- Day 02:** Preparation, briefings, shopping and formalities for permit.
- Day 03:** City tour in Kathmandu and evening drive to Mulkot-Sindhuli (3 Hrs.); hotel.
- Day 04:** Drive to Manthali, fly to Lukla and trek to Phakding (2650m-4 Hrs.); lodge.
- Day 05:** Trek to Namche Bazaar (3440m-6 Hrs.); Lodge.
- Day 06:** Rest & acclimatization, explore Hotel Everest View (HEV-3800m-3 Hrs.).
- Day 07:** Trek to Tengboche (3860m-5 Hrs.), explore Buddhist Monastery; lodge.





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- Day 08:** Trek to Dingboche (4410m-5Hrs.); lodge.  
**Day 09:** Rest for acclimatization day at Dingboche.  
**Day 10:** Trek to Lobuche (4950m-4Hrs.); lodge.  
**Day 11:** Trek to Gorakshep (5170m-3 Hrs.); lodge.  
**Day 12:** Trek to Everest Base Camp (EBC-5360m-2 Hrs.); camping.  
**Day 13-56:** **Climbing period (EBC-Mt. Everest Summit, 8848m- EBC).**  
**Day 57:** Down trek to Gorakshep (5170m- 2 Hrs.); lodge.  
**Day 58:** Trek via Lobuche (4950m) to Dingboche (4410m-5 Hrs.); lodge.  
**Day 59:** Trek to Tengboche (3860m-5 Hrs.); lodge.  
**Day 60:** Trek to Namche Bazaar (3440m-4 Hrs.); lodge.  
**Day 61:** Trek to Lukla (2840m-7 Hrs.); lodge.  
**Day 62:** Fly from Lukla to Manthali drive to Kathmandu; hotel transfer.  
**Day 63:** D- Briefing, contingency day in Kathmandu, farewell-celebration dinner.  
**Day 64:** Final departure to your port of destination.



## Full Board Service Package Includes:

- All arrival and departure transfer services in Kathmandu.
- 4 Nights hotel accommodations in Kathmandu on BB Plan.
- Flight & transfers Kathmandu-Manthali-Lukla-Manthali-Kathmandu.
- Mt. Everest expedition permit (**Royalty; US\$ 11,000 for member**).
- Government official Liaison Officer for Everest Expedition.
- Khumbu village & Sagarmatha National Park entry permit & TIMS card.
- All camping equipment in Advance Base Camp and other camps.
- Food, accommodation and guide during trekking in teahouse/lodge.
- Food during expedition period cooked by our experienced cook. EBC and C2.
- 1:1 experienced private climbing Sherpa guide for climbing support.
- 6 Oxygen (4 Ltrs.) bottles for climbing member and 3 for Sherpa.
- Mask & regulators 1-set for climbing member and Sherpa.
- Gamow bag at EBC for emergency rescue purpose.
- Baggage allowance carrying by Yaks/porters up and down to EBC: 50 kg.
- Required high altitude food for climbing member and Sherpa for C1, C3 & C4.
- Insurance, wages, meal and allowances for climbing Sherpa and BC staffs.
- Solar panels for light and battery charging in base camp.
- Icefall and rope fixing charges, tents at high camps EBC,C1, C2, C3 and C4.
- First Aid medical kits for the Group and the staffs.
- Walkie-talkies& satellite phone for communication (uses charge \$ 5 per unit for Sat).
- Office service charge and government taxes levied in Nepal.
- Farewell Dinner & Snowy Horizon Special Gifts.

## Full Board Service Package Excludes:

- Lunch and dinner during your stay in Kathmandu except farewell dinner in Kathmandu.
- Items of personal nature like laundry, phone calls and Internet uses.
- Clothing, packing items, personal medical kit, personal trekking/climbing gears.
- Any extra services or products or offers or activities not mentioned in the itinerary.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, change in Government regulations etc.
- Any additional staff (s) specially required by the climbing member.
- Rescue, repatriation, medicines, medical tests and hospitalization expenses.





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- Medical-travel insurance and emergency rescue evacuation if required.
- Airfare of international and domestic flights other than specified.
- Nepal custom duty fees for import of expedition goods if required.
- Summit bonus to the personal climbing Sherpa
- **(Beginning from minimum US\$ 1800 per summit per Sherpa).**
- Tips to base camp staffs
- **(Per climbing member beginning from minimum US\$ 300.00 in total for all)**
- Any other item not mentioned in "The Service Package Excludes" Section.



## Base Camp Service Package Includes

- All arrival and departure transfers to and from airport both domestic and international.
- 5 Nights hotel accommodations in Kathmandu as per category on BB Plan.
- Drive and flight service for Kathmandu-Manthali-Lukla-Manthali-Kathmandu sector.
- Three meals a day (BLD-tea-coffee) and twin sharing teahouse accommodation during trek.
- Required trekking guide and porter during trek up and down to EBC.
- Khumbu Village Municipal and Everest National Park entry permits.
- Complete camping setup with dining & kitchen tents, chairs and tables in ABC.
- Necessary shower and toilet tents, individual member tents in ABC.
- Solar panel/generator for light and devices battery charging in ABC.
- Freshly cooked 3 meals (BLD- tea or coffee) professional expedition cook in ABC.
- Freshly cooked hot meal in Camp 2, prepared by our professional high altitude cook.
- 50/40 kg personal baggage allowance to each member carrying to ABC by Yaks/porters.
- Royalty fee **(US\$ 11,000)** and climbing permit for **Mt. Everest South Face** climbing.
- Fully paid government appointed Liaison Officer in the expedition team.
- Necessary kitchen staffs and camp manager in sharing plan at ABC and camp 2.
- Medical, accidental, and search and rescue Insurance for all involved local staffs.
- All rope fixing and icefall management charges levied in the Expedition.
- Emergency oxygen mask and regulator in ABC for medical purpose.
- Satellite phone in ABC for emergency communications (uses charge: US\$ 5 per unit call).
- First Aid medical kits for the Group and the staffs.
- Free assistance service for cargo and duty clearance in domestic airport.
- Office service charge and government taxes levied in Nepal.
- Complete pre-departure information and briefing about expedition plan.
- Farewell dinner in a typical domestic cultural Nepali restaurant in Kathmandu.
- Snowy Horizon special gifts (T-shirt/Pashbina etc.).



## Base Camp Service Package Excludes:

- Lunch and dinner during your stay in Kathmandu except farewell dinner in Kathmandu.
- Items of personal nature like laundry, phone calls and Internet uses.
- Clothing, packing items, personal medical kit, personal trekking/climbing gears.
- Any extra services or products or offers or activities not mentioned in the itinerary.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, change in Government regulations etc.
- Climbing Sherpa Guide, high altitude food and tents above ABC (Camp: 1-2-3 & 4).
- Oxygen bottles and mask and regulators for climbing member.
- Any additional staff (s) specially required by the climbing member.





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- Rescue, repatriation, medicines, medical tests and hospitalization expenses
- Permits for walkie-talkies & filming if special camera is using.
- Airfare of international and domestic flights other than specified.
- Nepal custom duty fees for import of expedition goods if required.
- Tips to base camp staffs
- **(Per climbing member beginning from minimum US\$ 300.00 in total for all)**
- Any other item not mentioned in "The Service Package Excludes" Section.



## Package Cost:

Please contact us by email or call us for negotiation of the Package Cost.

Sincerely,



Bodha Raj Bhandari  
Chairman

