



SNOWY HORIZON TREKS & EXPEDITION PVT. LTD.

Seven Corner, Thamel, Kathmandu, Nepal

Snowy Annapurna Circuit Trekking (Throng La Pass)

Altitude: **5,416 Meters**, Duration: **19 Days**, Grade: **Strenuous Trek**

Overview:

“Explore the beautiful Annapurna massif and understand why it has fascinated adventurers, explorers and travellers throughout the decades, the Annapurna Circuit Trek is the right adventure for you to join with us.”

It is Snowy Horizon and team to guide you through the region [Annapurna](#) introducing you to remarkable landscapes and people through [Annapurna Circuit Trekking](#), which is also renowned as the [Throng La Pass Trekking](#). There is plenty to discover for mountain lovers, trekkers and anyone with a curiosity for nature and culture in the [Annapurna Circuit trekking](#) route. Annapurna I, the 10th highest mountain in the world and the first peak above 8000m to be climbed is just the most well known attraction in the route. However there are countless highlights along the way and the [Annapurna massif](#) in its entirety is just stunning and of course it is not just for mountaineers but for the trekkers as well. As there is a lot to see in the Annapurna region and you'll need a bit of time to take it all in, [Annapurna Circuit trekking](#) is one of the best options. Traditionally, the full [Annapurna Circuit Trek](#) ends in Beni or in Tatopani of Myagdi District of [Gandaki Province](#) of Nepal. We commonly plan for 18 days for the entire trip. But for trekkers with limited time, it can now also be finished at Muktinath/Jomsom and we can flexible adjust the itinerary to your demands as alternative.

[The Throng la Pass trek](#) starts from Dharapani of Manang District of Gandaki Province after an overland journey from Kathmandu up the Besishahar by surface buses or private vehicles as per group size and to Dharapani by the 4W/D jeep private or sharing through wonderful Marshyangdi Valley. From Muktinath, after crossing the highest pass known as Throng-La, overland transportation is available if required.

[The Annapurna Circuit Trek](#) has been incredibly popular since it was first opened to foreigners in the early 1980s. But far from being too crowded, it is still a very personal experience and at Snowy Horizon we make sure you can feel the adventurous spirit. There are more remote, more challenging and more exotic trails elsewhere but there is still something very special about the [Annapurna Circuit Trek](#) that captivates first-time visitors as well the 'regulars'.

Snowy Horizon will thus take care of the logistics for your [trekking on Throng La Pass](#) so that you can focus on the physical challenges, the cultural impressions as well as the stunning nature of the route. For many of the trekkers this trek has proved to be a highlight in their life providing the fuel for new challenges. And others simply visit again and again. Whatever it'll mean to you, Snowy Horizon will be happy to accompany you on this journey. Contact us for more information and individual advice.

Snowy Annapurna Circuit Trekking (Throng La Pass)-

Itinerary

(14 Nights/15 Days)

Day-to -Day Itinerary: (Option 1)

Day 01: Arrival and Transfer to Hotel in Kathmandu (1350m).

Day 02: Rest, preparation, City tour (Paahupatinath, Boudha, Swyambhunath) in Kathmandu.

Day 03: Drive from Kathmandu to Besishahar (760m-6/7 Hrs.); lodge.





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- Day 04:** Jeep drive from Besishahar to Dharapani (1650m-5 Hrs.); lodge.
Day 05: Trek from Dharapani to Chame (2670m-5 Hrs.); lodge.
Day 06: Trek from Chame to Lower Pisang (3200m-6 Hrs.); lodge.
Day 07: Trek from Lower Pisang to Manang (3352m-6 Hrs.); lodge.
Day 08: Acclimatization and rest in Manang; explore the village and local attractions.
Day 09: Trek from Manang to Ladder (4250m-5 Hrs.); overnight lodge.
Day 10: Trek from Ladder to Throng Phedi (4540m-6 Hrs.); lodge.
Day 11: Trek via Throng-La Pass (5416m) to Muktinath (3710m-9 Hrs.); lodge.
Day 12: Trek from Muktinath to Jomsom (2720m-5 Hrs.) via Kagbeni; lodge.
Day 13: Fly from Jomsom to Pokhara (20 minutes), explore Pokhara city; Hotel.
Day 14: Drive from Pokhara to Kathmandu (7 Hours), hotel transfer
Day 15: End of the Program/Fly to your destination.

Day-to -Day Itinerary: (18 Nights/19 Days) (Option 2)

- Day 01:** Arrival and Transfer to Hotel in Kathmandu (1350m).
Day 02: Rest, preparation, City tour (Paahupatinath, Bouddha, Swyambhunath) in Kathmandu.
Day 03: Drive from Kathmandu to Besisahar (760m-6/7 Hrs.); lodge.
Day 04: Jeep drive from Besishahar to Dharapani (1650m-5 Hrs.); lodge.
Day 05: Trek from Dharapani to Chame (2670m-5 Hrs.); lodge.
Day 06: Trek from Chame to Lower Pisang (3200m-6 Hrs.); lodge.
Day 07: Trek from Lower Pisang to Manang (3352m-6 Hrs.); lodge.
Day 08: Acclimatization and rest in Manang; explore the village and local attractions.
Day 09: Trek from Manang to Ladder (4250m-5 Hrs.); overnight lodge.
Day 10: Trek from Ladder to Throng Phedi (4540m-6 Hrs.); lodge.
Day 11: Trek via Throng-La Pass (5416m) to Muktinath (3710m-9 Hrs.); lodge.
Day 12: Trek from Muktinath to Jomsom (2720m-5 Hrs.) via Kagbeni; lodge.
Day 13: Drive to Tatopani (1050m-4 Hrs.), explore Natural hot spring; lodge.
Day 14: Trek via Ghara and Shikha to Ghorepani (2850m-7 Hrs.); lodge.
Day 15: Explore Poonhill (3210m) and Trek to Tadapani (2520m-7 Hrs.); lodge.
Day 16: Trek to Ghandrung (19400m-3 Hrs.), explore Gurung culture; lodge.
Day 17: Trek to Nayapul (5-Hrs.) and Drive back to Pokhara; transfer to Hotel.
Day 18: Drive to Kathmandu, transfer to Hotel; farewell dinner.
Day 19: Kathmandu to your Port of Destination.

Service Includes:

- Airport - hotel -airport pickup and drop by private vehicle in Kathmandu.
- 3 Nights hotel accommodation in Kathmandu on BB Plan.
- 1 Night hotel accommodation in Pokhara on BB plan.
- Meals on full board (Breakfast, lunch and dinner) during trekking period.
- Best available teahouse accommodations during the trekking.
- An experienced Government license holder trekking guide in a group.
- Trekking porter to carry your bags during the trekking 2:1 probably, max 20 KG baggage/porter.
- Wages, meal and accommodation, insurance, equipment and transportation for guide and porter (s).
- Ground transportation by surface coach from Kathmandu to Besisahar.
- Transport by 4W/D Jeep to Dharapani private or Sharing.
- Jomsom-Pokhara flight tickets/ Nayapul to Pokhara private transfer.





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- Tourist coach from Pokhara to Kathmandu.
- Guided city tour in Kathmandu and Pokhara.
- Group medical supplies (first aid kit will be available) if required.
- Annapurna conservation Area Project (ACAP) entry fees and permit.
- TIMS (Trekking Information Management System) Card.
- Annapurna area trekking maps one in a group.
- All government taxes and our service charges.
- Farewell Dinner before departure.
- Snowy Horizon T-Shirt/Souvenir.

Service Exclude:



- Lunch and dinner in Kathmandu and Pokhara.
- Emergency rescue evacuation if required.
- Personal accident insurance or Helicopter rescue.
- Any kind of Alcoholic, hot and cold drinks, hot water, etc.
- Laundry, phone calls, Internets uses etc.
- All kind of Personal Nature Expenses.
- Any others expenses which are not mentioned on cost Includes section.
- Tips, gifts, souvenirs.

Notes:



- The itinerary is changeable and modifiable as per needs and time frame of trekkers.
- Cost will be re calculated if the itinerary is changed or modified.
- Additional activities may be added as per trekkers request with appropriate additional cost.
- The cost may also be affected due to the requirement of number of guides and porters.
- For any kind of change please contact us by mail or call.

Package Cost:

Please contact us by email or call us for negotiation of the Package Cost.



Sincerely,

Bodha Raj Bhandari
Chairman

