Bohoratar, Jamacho Marg, Balaju-16, Kathmandu, Nepal



# Sikles Eco Trek-The Natural and Cultural Excursion

#### **Overview:**

"Join us and participate on an excursion of the picturesque, wild and of the bitten trail for naturally and culturally rich the Sikles Eco Trek in Annapurna Region completely isolated but closure destination and experience the Joy of Trekking in Nepal."

The Sikles is an excellent and extremely well preserved village rested on a small hill at an elevation of 1980m on the Lap of Annapurna Massif. In Sikles Eco Trek however the ultimate destination is Sikles -the great settlement of famous Gurkhas in Kaski district, one can explore the other neighboring habitants of Brahmans, Tamangs and Gurung communities en-route on the villages like Hemia, Ghachok, Bhuriung Khola, Kharapani, Chvanglung, Ghalekharka, Parche and Tanting, The Sikles Eco Trek that the Team Snowy Horizon proposing here is with charming villages, fascinating patterns of terraced fields, rhododendron forest and high alpine meadows nestled below the towering mountains of Annapurna II (7937m) and IV (7525m) on its path of a small circuit along with the Lamjung Himal (6983m).

The villageslike Parche, Sikles and Tanting take you to the remote and far from city area however these days you have excess of motor roadover there. The wild path between Ghale Kharka (1750m) to Sikles (Parche-1980m) is a fabulous trekking path and it crosses a ridge with the dense forest and variety of terrain through its highest peak Tara Hill Top (2800m)links the two villages named Khaimrang (1660m) with Sikles.

The Sikles Eco Trek with team Snowy Horizon starts with drive from Pokhara to Ghachok via Hemja at about 40 minutes and begins walking. Toward the north in Sardi Khola bank we have the 1st Night camping schedule on a very good Seti River view on the lap of Mt. Fishtail. This trek passes through less visited area of Annapurna II & Lamjung Himal massif. The trek also offers the abundance of flora and fauna.



#### The Major attractions of Sikles Eco Trek are:

- The trek is one of the picturesque treks that unfold the natural beauty and cultural heritage.
- The charming villages, intriguing patterns of terraced fields, rhododendron forest.
- High alpine meadows nestled below the towering mountains of Annapurna II (7937m) and Lamiung Himal (6983m)
- Previously known the **Royal Trek** as **Prince Charles** had a trek through the area in 1980 to visit the villages of Gurkha recruits.
- The model eco trekking route shadowed at the corner of the Annapurna Conservation Area Project (ACAP).
- The spectacular short trek through the Gurung (Gurkhas) village and dense forest.
- Alternatives to other short treks in Annapurna region.
- A wonderful experience of camping trekking in Nepal.



# Kathmandu-Pokhara -Sikles Eco Camping Trek -Itinerary

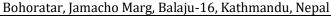
(7 Nights/8 Days)

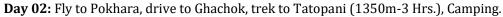
#### Day-to-Day Itinerary: Option 01:

**Day 01:** Arrival in Kathmandu andtransfer to Hotel (1350m).

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Day 03: Trek Tatopani via Chyanglung & Khaimrang to Ghale Kharka (1750m-5 Hrs.); camping.

Day 04: Trek Ghale Kharka (1750m) to Tara Hill Top (2800m-5 Hrs.); camping.

**Day 05:** Trek from Tara Hill Top (2800m) to Parche (2050m-5 Hrs.); camping.

Day 06: Trek Parche (2050m) via Sikles (2000m) to Tanting (1650m-4 Hrs.); camping.

**Day 07:** Trek Tanting to Madi Super Hydro Power Station (1 Hr.) drive to Pokhara; fly to Kathmandu.

**Day 08:** Final departure to your port of destination.

## **Day-to-Day Itinerary: Option 01:**

Day 01: Arrival in Kathmandu and transfer to Hotel (1350m).

Arrival at 18:15 PM, welcome reception at Airport (TIA), transfer to hotel for check-in, along with full trip briefing.

#### Day 02: Fly to Pokhara, drive to Ghachok, trek to Tatopani (1350m-3 Hrs.), Camping.

Today after early breakfast at 06:00-06:30 Hrs., transfer to airport at 07:00 Hrs.; fly to Pokhara with an awe inspiring internal flight across Nepal to the start of our trek in Pokhara (25 Minute). After arriving at the small landing strip we load up our vehicles and drive to the point of city attraction like David Fall and Gupteshwar Mahadev Cave in Pokhara and a small Lunch break at Hotel Center Lake, Lake side, Pokhara, then continues drive to Ghachok via Hemja (1110m) about an hour which will be the actual starting point of our walk at (1200m). After 2 hours and half we arrive to the Tatopani Retreat (1350m) just across to the famous Seti River for the Camping which will be ready before we arrive from the walk on the motor rode with stunning views of Mt. Fishtail and Annapurna II. Approx.:20 Km. in distance, 1 & 1/2 Hrs.-drive, 3 hours trek, overnight Camping (1350m).

# Day 03: Trek Tatopani via Chyanglung & Khaimrang to Ghale Kharka (1750m-5 Hrs.); camping.

After having campsite breakfast in Tatopani Retreat we begin the first big trek. We first ascent in a traditional foot track with stairs up to about 350m elevation in the forest track and gradually descend via the Chyanglung Village toward the Sardi Valley across our 3<sup>rd</sup>suspension bridge and make a gradual climb across a wide stream to our camp via Khaimrang village overlooking the whole Annapurna Range having a good introduction on a woodland path; Approx.: 8 Km. distance, 4–5 Hrs. trek, Overnight camping at Ghale Kharka (1750m).

### Day 04: Trek Ghale Kharka (1750m) to Tara Hill Top (2800m-5 Hrs.); camping.

Today's trekking will take us higher as we head through the alpine meadows heading for the wooded knoll of Tara Hill Top (Starlight Top). We are rewarded with a 360 view of the Annapurna Massif including the fishtail peak say Machhapuchhre. Beautiful terraces surrounding Pokhara and Tanting will be amazingly viewed if the weather permits. This will be the highest elevation we will cover on this trek. Here we are camping and enjoying the amazing sunset view before the dinner is served; Approx.: 6 Km. distance, 4-5 hours trek; camping at Tara Hill Top (2800m).

#### Day 05: Trek from Tara Hill Top (2800m) to Parche (2050m-5 Hrs.); camping.

Our day starts with watching the sunrise over the mountain peaks before we head off along a 2500m contour trail of wild orchids taking us to the village of Parche (2050m) just half an hour before from Sikles village which famous for being the home of the Gurkhas; Approx.: 10 Km. distance, 5-6 hours trek; camping at Parche (2050m).

#### Day 06: Trek Parche (2050m) via Sikles (2000m) to Tanting (1650m-4 Hrs.); camping.

We depart from our camp after hot breakfast at Parche camp and stroll to the Famous Sikles village where we arrive in half an hour, visit the indigenous Gurung community's museum along with the regional office of Annapurna Conservation Area Project (ACAP), then continue to our ultimate destination today's village the Tanting; through the lower pastures and descents we will make our













way to camp. It will be a steep track, losing almost 650m in altitude, taking its toll on the legs. Over suspension bridges and grassy paths we will arrive in Tanting after ascending another 350m elevation in a wilderness silent motor path about an hour or two; Approx.: 8 Km. distance, 4-5 hours trek; camping at Tangting (1650m).

# Day 07: Trek Tanting to Madi Super Hydro Power Station (1 Hr.) drive to Pokhara; fly to Kathmandu.

Our last day of trekking will take us out of the village down a steep descent after the campsite breakfast, losing 300m in a short amount of time about an hour. We will wind through fields and small streams, there is a new Station of Madi Super Hydropower from where we will be picked up for 2 hours continues 4W/D to Pokhara. We will have lunch again at Hotel Center Lake Pokhara in Lakeside and transfer for our flight back to Kathmandu, and then drop to Alpine Hotel & Apartment in Thamel, Kathmandu. The warm farewell dinner will be provided at the Typical Nepalese cultural restaurant "The Bhojan Griha" with transfer service; Approx.: 30 Km. distance, 1 Hr. trekking, 2 Hrs., driving and 25 Minutes flight. (Farewell Dinner).

#### Day 08: Final departure to your port of destination.

Today is a free day; we arrange a city tour for some major attractions like Swyambhunath temple, Patan Durbar Square, Pashupatinath temple and the Bouddhanath Stupa in the capital to spend exploring the city before catchingthe flight back to the final port of destination, farewell assistance as provided at the departure time.

### **Service Includes:**

- Airport-hotel-airport pick-up and drop by private vehicle in Kathmandu with welcome reception.
- 2 Nights Hotel in Kathmandu on BB Plan twin sharing.
- Flight tickets for Kathmandu-Pokhara-Kathmandu-Internal flights to all members.
- All surface transportation as per itinerary by private vehicle.
- Full board meal (BLD) during camp freshly cooked by our cook.
- Complete camp furniture, kitchenware, dining, kitchen, toilet and shower tents at camp.
- Required camping logistics transfers by vehicle or porters, cook, kitchen staffs and helpers.
- Trained, experienced and assistance trekking guides for trekking.
- 2:1 porters for members to carry the members' logistics.
- Food, insurance, salary, equipment, transportation, local tax for guide and staffs.
- Annapurna conservation entry permits (ACAP fees).
- TIMS (Trekkers' Information Management System).
- Medical supplies like first aid kit provided at camp.
- All necessary paper works and formalities.
- Government taxes and our service charges.
- Snowy Horizon T-Shirt/Souvenir.

#### Service Exclude:

- Items of personal nature and laundry expenses.
- Expenses of uses of any electronic devices like phone, Internet etc.
- Clothing, packing items or bags, personal medical kit, camera/video fees or trekking gears.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, change in Government regulations, etc.
- Any additional staffs other than specified.
- Alcoholic, hot and cold drinks other than camp site services.
- Rescue, repatriation, medicines, medical tests and hospitalization expenses.







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- Medical and travel Insurance with helicopter search and rescue.
- Personal trekking gears, bags, sticks, water bottles etc. for the trekking members.
- Nepal custom duty for import of expedition goods.
- Tips to staffs, purchase of gift and souvenirs.
- Any other item not mentioned in "THE PACKAGE INCLUDES" section.

#### **Notes:**

- The itinerary is changeable and modifiable as per needs and time frame of trekkers.
- Cost will be re calculated if the itinerary is changed or modified.
- Additional activities may be added as per trekkers request with appropriate additional cost.
- The cost may also be affected due to the requirement of number of guides and porters.
- For any kind of change please contact us by mail or call.



### **Package Cost:**

Please contact us by email or call us for negotiation of the Package Cost.

Sincerely,



Bodha Raj Bhandari Chairman

